

Coaches are required to fill out a line up sheet prior to each game, and turn a copy into the scorekeeper. This card must indicate the mandatory quarters for each player. Any extra quarters should be left blank, so that coaches may assign them at their discretion.

Line-Up Sheet

Team	League	Coach				
Name	#	1 st Q	2 nd Q	3 rd Q	4 th Q	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

Every player must play 20 min. of the game. Subbing is only allowed at the 5 or 10 min. mark. If a team has less than 10 players, a player can be subbed out outside the 5 or 10 minute mark only if they have played 20 min. Have subs at the scorer's table ready to sub at the 5:30 mark.

Coaches are required to fill out a line up sheet prior to each game, and turn a copy into the scorekeeper. This card must indicate the mandatory quarters for each player. Any extra quarters should be left blank, so that coaches may assign them at their discretion.

Line-Up Sheet

Team	League	Coach				
Name	#	1 st Q	2 nd Q	3 rd Q	4 th Q	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

Every player must play 20 min. of the game. Subbing is only allowed at the 5 or 10 min. mark. If a team has less than 10 players, a player can be subbed out outside the 5 or 10 minute mark only if they have played 20 min. Have subs at the scorer's table ready to sub at the 5:30 mark.