

Youth Soccer COVID-19 Protocol

The RAC Youth Soccer League will follow directives based on recommended guidance provided by the Arkansas Department of Health and the Center for Disease Control and will be updated as available. These measures will remain in place until data on the severity of the local COVID-19 epidemic indicate it is safe to further relax measures. Precautions, protocols, and continuation of the program will be at the discretion of Rogers Recreation Association per recommendations from the Arkansas Department of Health and Center for Disease Control and Prevention.

<https://www.healthy.arkansas.gov/images/uploads/pdf/SportsTeamCommunityDirectiveFinalAmend8.21.20.pdf>

MASKS

Masks must be worn at all times if not actively playing!

Face coverings that completely cover the nose and mouth are required for everyone 10 years old and older.

DISTANCING & CONTACT

To minimize physical contact, high fives, hugs, and handshakes will not be permitted. "air fives", foot bumps, or verbal congratulations will be used instead. Post-game "good game lines" will not take place. Instead opposing teams will congratulate the other teams from across the field via verbal congratulations or by clapping.

Coaches will be asked to limit practice activities and attempt to keep players distanced as much as possible. During games, players will sit in a player box with spacing between each other.

SANITIZATION

We will be cleaning our facilities including restrooms and high traffic touchpoints frequently. Hand sanitizer stations will be available.

ADJUSTED GAME TIMES

We will be staggering our game and practice times to allow for reduced congestion in the entries and exits.

SCREENING

Screenings will be conducted by team staff at every gathering. Thermometers are provided for each team. The team staff will monitor temperature and ask the following of all individuals:

- Have you had a fever of 100+ in the past (2) days?
- Do you have a cough, difficulty breathing, sore throat, or loss of smell or taste?
- Have you had any contact with a person known to be infected with COVID-19 in the past 14 days?
- Have you had a positive COVID-19 test in the past 10 days?
- Are you waiting on the results of a test for COVID-19?

In the event an individual has a temperature of 100+, or answers yes to any of the questions, they must leave immediately and a report made to League Director.

FIELD LAYOUT ADJUSTMENTS

We have changed where we are positioning our fields inside our complex to allow spectators to view games while not sitting within 6' of another household.

HOME & AWAY SIDELINES

Parents, Players, and Coaches will all sit on one sideline with the opposing players, coaches, and spectators all being on the opposite side of the field. This allows for spectators of the "home" team to all remain separated from the opposing team's spectators. It is important that spectators observe the separation line that will be on fields to prevent delay of game for game officials to remind individuals of this rule.



Stay home if you are sick.



Bring your own equipment and gear (if possible)



Cover your coughs and sneezes with a tissue or your elbow.



Wash your hands or use sanitizer before and after events and sharing equipment.



Tell a coach or staff member if you don't feel well.